

Employee Safety

## Essential Fall Protection Solutions

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Fall protection solutions all have three main components that work together to keep workers safe and comfortable on the job:

1. **Harness:** Worn by the worker to distribute weight if a fall arrest system is deployed.
2. **Lanyard or Lifeline:** Connects the worker's harness to the anchor point.
3. **Anchorage:** The tie-off point on a structure that the worker connects to, often with a connecting device.

To assure OSHA compliance, an energy absorber should be part of a *personal fall arrest system* whenever possible. Familiarize yourself with the infographic below to learn about different buckle styles to tailor your harness to the task at hand.

## BUCKLES



### Quick Connect

Fast and simple donning. Good when harness is assigned to a worker.



### Pass-Thru

Adjustable. Good when harness is shared by workers.



### Tongue and Grommet

Fast donning and adjustment. Good when harness is assigned or shared.

*For fall protection you can trust from PRO-SAFE, visit MSCDirect.com.*

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