



Workplace Safety

## **Video: 3 Tips for Unpacking OSHA and ANSI First-Aid Rules**

Don Sears | May 15, 2019

### **Video Highlights**

- OSHA laws are broad for first aid. ANSI standards can help—but you need to understand the most common injuries and safety situations for your facility.
- Bottom line: You need adequate supplies and adequate staff training to give first aid in the workplace. Preventing a fatality is job No. 1.
- To understand your gaps in first aid, it pays to get an assessment and to track all injury events in a log. And get trained on CPR and AED use. It could save a life.

The rules for first aid can be confusing—especially when it comes to the differences in first-aid kits. Follow these three tips in the video.

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