

Workplace Safety

# Cleaning vs. Sanitizing vs. Disinfecting

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**Kimberly-Clark PROFESSIONAL**

## Cleaning vs. sanitizing vs. disinfecting

Is there a difference?  
Hint: Yes, there is.

	<p><b>Cleaning</b> removes germs, dirt, and impurities from surfaces or objects. Cleaning works by using soap (or detergent) and water to physically remove germs from surfaces. This process <b>does not necessarily kill germs</b>, but by removing them, it lowers their numbers and the risk of spreading infection.</p>
	<p><b>Sanitizing</b> lowers the number of germs on surfaces or objects to a safe level, as judged by public health standards or requirements. This process works by either cleaning or disinfecting surfaces or objects to lower the risk of spreading infection.</p>
	<p><b>Disinfecting</b> kills germs on surfaces or objects. Disinfecting works by using chemicals to kill germs on surfaces or objects.* This process does not necessarily clean dirty surfaces or remove germs, but by killing germs on a surface after cleaning, it can further lower the risk of spreading infection.</p>

**Cleaning** removes germs, dirt, and impurities from surface objects. Cleaning works by using soap (or detergent) and water to physically remove germs from surfaces. This process does not necessarily kill germs, but by removing them, it lowers their numbers and the risk of spreading infection.

**Sanitizing** lowers the number of germs on surfaces or objects to a safe level, as judged by public health standards or requirements. This process works by either cleaning or disinfecting surfaces or objects to lower the risk of spreading infection.

**Disinfecting** kills germs on surfaces or objects. Disinfecting works by using chemicals to kill germs on surfaces or objects.\* This process does not necessarily clean dirty surfaces or remove germs, but by killing germs on a surface after cleaning, it can further lower the risk of spreading infection.

Prioritize frequently touched surfaces and find more information on proper hand and surface cleaning at [www.cdc.gov](http://www.cdc.gov).

*Download an easy-to-follow Surface Cleaning Chart.*

*Previously Featured on Kimberly-Clark Professional's Workplace Insights.*

\*Non-Food Contact Surfaces

Source: <https://www.cdc.gov/flu/school/cleaning.htm>

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