

Worker Safety

VIDEO: The Importance of Hand Ergonomics

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In most industrial environments, repetitive manual tasks are an unavoidable daily requirement, with workers performing labor-intensive activities such as lifting or lowering, pushing or pulling and holding or restraining tools and other items. However, simple actions can become hazardous activities, potentially leading to a wide range of musculoskeletal disorders (MSDs). Watch the short video above to learn more.

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